

Week/Day		Monday	Tuesday	Wednesday	Thursday	Friday
<u>Week 1</u>	Main	Chicken Pie (G) or Chicken Goujons(G)	Pork Sausages	Turkey & Stuffing (G) or Chicken Goujons (G)	Beef Bolognese (no bacon) or Sausages	Battered Fish (G) (M) (Mustard) or Fish Fingers (G)
(G) Gluten (M) Milk (E) Egg (S) Soya	Veg Option	Jacket Potato, Cheese (M) or Beans	Vegan Sausage (S)	Jacket Potato, Cheese (M) &/or Beans	Quorn Bolognese (S)	Fish Less Fingers (G)
Vegan cheese available	Carbs & Veg	Potatoes and Vegetables	Mash (M) (milk free on request) and Vegetables	Roast Potatoes and Vegetables	Spaghetti (G), Mash or Garlic Bread (G)	Chips Beans, Hoops or Peas
Gluten free On request	Sweet	Jelly or Yoghurt (M)	Flapjack (G)	Fruit Crumble (G)	Ice Cream (M)	Chocolate Cake (G) (E) (S)

Week/Day		Monday	Tuesday	Wednesday	Thursday	Friday
<u>Week 2</u>	Main	Turkey Curry or Chicken Nuggets (G)	Pork Sausages	Roast Chicken & Stuffing (G)	Spaghetti Bolognese (no bacon) or Sausages	Pizza (G) (M) or Fish Fingers (G)
(G) Gluten (M) Milk (E) Egg (S) Soya	Veg Option	Jacket Potato, Cheese &/or Tuna Mayo	Veg or Quorn Sausages	Quorn Steak (G)	Quorn Cottage Pie (M) (S)	Fish Less Fingers (G)
Vegan cheese available	Carbs & Veg	Potatoes and Vegetables, or Rice	Mash (M), Carrots and Peas	Roast Potatoes & Vegetables	Spaghetti or Mash, and Garlic Bread (G)	Chips Beans, Hoops or Peas
Gluten free On request	Sweet	Jelly or Yoghurt (M)	Flapjack (G)	Sticky Toffee Pudding (G) (E)	Chocolate Bread and Butter Pudding (G) (M) (E) (S)	Cup Cake (G) (E)

