



### Move Case Study for Ben Marsh

DOB -22.06.09

School - Wyvern Academy

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- **How long have they been using the Move Programme from Enham Trust? What challenges did your child face before starting on the Move Programme? (e.g. what could they and couldn't they do, what was their health like, is there anything they wanted to do but couldn't? etc)**

Ben joined the Move programme in December 2013. Ben began the programme requiring a significant level of prompting and support, Ben needed help to sit, stand and transfer. Ben also required a high level of medical support due to his complex health needs, Ben has a tracheotomy and gastrostomy. In the past Ben's health had varied from good to very poor, his movement was limited and always facilitated by the adults around him. Key professionals had placed low expectations on Ben's potential for development. When Mum was introduced to the Move programme it gave the family hope, and something positive to aim for, Move promotes a "Can do" approach and sets very high expectations for progress. Ben began the programme in level 3 & 2 developing skills in sitting and standing, this level of skill acquisition required a lot of equipment, adult support, and physical prompting. The Teacher and class team provided Ben with regular opportunity to practise and acquire critical skills linked to his goal. The only thing that would prevent Ben from practising his goal was poor health. The team would pause for a while and wait for Ben to recover, and then resume goal activity.



- **How did their mobility improve once they were on the Move Programme? (Improvements or differences made?)**

Ben was very responsive to the programme and engaged in all goal activities. Ben became more sociable and actively interested in his surroundings, using his walker to become more independent, choosing to visit different classes around school. Before starting on the programme Ben would normally sit in his wheelchair during circle time prompted by a chest harness, and pelvic lap strap. He now sits on a therapy bench during circle time and is at the same height as his peers for teaching and learning. Ben had developed his movement while sitting and can reach forward to grasp objects of reference. Ben has generalised this skill and is now able to demonstrate reliable sitting in different environments.

Ben's goal is also being practised at home, parents are working on Ben sitting on the edge of his bed to help with his early morning, routine of medical needs, personal care and dressing. This is made really difficult because Ben does not have his feet on the floor, and has to work really hard to maintain his balance. Ben has a walker and has developed reciprocal movement forward, he has also learnt some very good techniques for turning and reversing. Ben is now working on more independent standing using a solid table prompt for support, this allows him to be more functional and use his hands to complete learning activities. Physiotherapy and Move are working well together and this has enhanced Ben's physical progress, Ben is now able to roll over on the floor and bring himself into a side sitting position.

- **Have you noticed any differences in their health, social interaction, communication or learning?**

Ben loves going in his walker and can now manoeuvre it really well. This has made a difference to his social interaction because it enables him to approach the other pupils and interact with them instead of sitting and waiting for them to come to him. He also enjoys standing at the work table to join in with group activities such as art. We have noticed that he is more engaged in this position, than when he is sitting in his chair doing the activity on his tray.

- **What functional skills has your child been supported to develop with the Move Programme?**

Ben has learnt to walk with his walker, stepping forward and backwards as he moves around the room. Getting around independently means he can make choices about where he wants to go and who he wants to interact with.

He can now sit independently on his bench, and can reach forward and sit back up. This has helped with the development of his play skills because he can reach for things he wants. He is in the process of learning to sit independently on the changing table, which will mean that he can help with his dressing and undressing.

- **How, if at all, has the Move Programme improved your home life?**

**Parents comments**

It has improved our home life immensely, Ben is now able to move around the house in his walker with purpose, and independence, which has been lovely to see.

- **Child's likes/dislikes?**

Ben loves interacting with people. He enjoys sensory stories, TAC PAC and going on the trampoline. He especially likes going in his walker. He likes some sensory items e.g. shaving foam but dislikes anything cold such as the water beads.



- **Were there any specific moments that stood out to you during your time with the Move Programme?**

**Parents comment** - The first time Ben got himself up into a sitting position and was able to maintain this, was a real **WOW** moment.

**Teacher TA comments**

Ben has developed more strength and is now able to bring himself from lying down into sitting up.

- **What has the Move Programme meant to you; your family, and your child?**

**Parents comments**

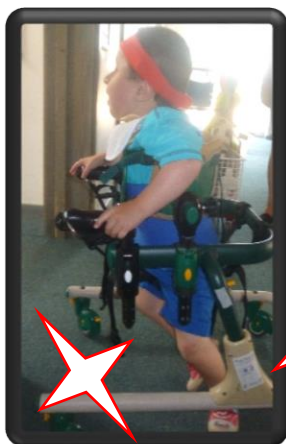
It has meant that Ben can finally sit on the floor and play with his younger brother. It has given him a better and more functional life, and has opened up so many possibilities for him.



- **Move Coordinator Summary of achievement**

Ben has excelled within the Move programme, he has seized every opportunity to experience movement, and has become more independent, and confident. Ben has great determination and is motivated to reach his full potential.

Ben has acquired valuable skills since starting on the programme, he is able to sit independently, and with access to equipment, can move around the school purposefully. Ben is inquisitive and enjoys exploring the school environment, knocking on classroom doors to visit his friends.



Congratulations  
Ben, you're a star!

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