



PE Policy

Review of Policy	Summer 2024
Members of staff responsible	PE Lead
Policy History	Ratified
People involved	PE Lead Deputy Head Teacher LGB
Signed by Chair of LGB	Christine Robertson
Date	17/6/24
Date for Review	Summer 2027

Rationale

Physical Education and activity plays a central role in the curriculum at Wyvern Academy. Due to the wide variation in physical and mental development of the pupils, it is imperative that a relevant, developmental and progressive curriculum is used.

In order to enable pupils to fulfil their potential we must employ a variety of teaching and learning styles which encompass activities from a variety of platforms including National Curriculum, MOVE and Motor Activity Training Programme. We work with an Occupational Therapists and Physiotherapists to enable us to meet the individual needs of the children.

P.E. provides regular activity to assist in mobility, health and fitness. Where appropriate we aim to encourage an understanding of how exercise affects our bodies and how important it is to be active as part of a healthy lifestyle.

Aims

- Enable each pupil to develop elements of mobility, fitness, suppleness, strength and stamina, appropriate to their development.
- To help pupils develop an awareness of /respect for safe practice in all aspects of P.E.
- To acquire and develop skills in different activity areas.
- To promote physical activity as a platform for sensory regulation
- To achieve 30 active minutes per day
- To develop an understanding of fitness and health.
- To develop the individual physical fitness of individuals.
- To address a wide range of needs, for example, swimming plays an integral part of the P.E. curriculum throughout the school and is used for a variety of purposes – hydrotherapy, movement, games.
- To give pupils opportunities to develop problem solving skills, self discipline and initiative through outdoor and adventure activities.
- We aim to encourage co-operation with peers and other adults and build self esteem through P.E. celebrating individual physical achievements
- To use Physical Education sessions as a vehicle for developing life skills eg dressing
- We aim to give enjoyment and satisfaction together with a sense of achievement when joining in physical activities.

Objectives

Wyvern Academy is divided into primary, secondary and sixth form. At least 30 active minutes a day and one hour of planned physical activity are participated in weekly by all pupils. Opportunities for both competitive and co-operative activities are available within school and via festivals and tournaments with other local schools. P.E. in Sixth Form is called Leisure

Activities as a wider range of skills are encouraged; this is linked to ASDAN. A special schools forum meets regularly to discuss joint events and share good practice.

Implementation

The pupils at Wyvern Academy follow individualised curriculum pathways according to their social, emotional and physical needs.

- PE for pupils on the nurture pathway is based on their bespoke individual targets
- For EYFS PE activities are based on learning fundamental movement skills within the Physical Development strand.
- Pre-formal and semi-formal learners follow the Physical Development curriculum, supported by the Motor Activity Training Programme and explored through a variety of sports activities.
- Some pupils are following the National Curriculum and are participating and learning through the six sport specific areas set out in the PE Curriculum.

Assessment

PE is assessed against pupil IEP targets or DOLA, depending on which pathway is being followed, by collecting photographic and video evidence. Many pupils follow their own Physiotherapy programmes and MOVE programmes which are also recorded. Teachers and support staff work in close conjunction with therapy staff to regularly update and review therapy programmes for our students.

Evaluation

- A yearly P.E audit takes place to ensure pupils are receiving their entitlement to the National Curriculum and often beyond!
- An ongoing P.E. Action plan, reviewed termly, is in place.
- Lesson observations take place to ensure good practice.
- Updating and adding to assessment and award schemes.
- P.E. facility audits to help order appropriate equipment.
- Regular contact with sporting governing bodies to bring in expert coaches.
- Opportunities for staff to go on coaching courses.
- Dorset Special School Forum meet termly.

Role of Coordinator

- To coordinate school sport within a family of schools.
- To ensure effective implementation of the Primary P.E. Funding.
- To ensure that the Primary P.E. Funding compliments and enhances school Physical Education programmes and school development plans.

- To ensure that all young people are included in the School's Physical Education and sport programme.
- Help classes to achieve 30 active minutes each day

Health and Safety

The AfPE: Safe Practice: in PESSPA (Physical Education, School Sport and Physical Activity) book is available for staff to read.

Health and Safety is of the highest priority when teaching P.E. to our pupils. Due to the high staffing ratios pupils are able to experience using a wide variety of sporting equipment and apparatus. Pupils can change in to comfortable, safe clothing for PE lessons, depending on individual needs. Long hair is tied up and no jewellery is to be worn for any physical activity. Shoes should also be checked to ensure that they are well fitting. Some of our pupils need to wear shoes (physio reasons) whereas others do not; teachers need to be aware of the safety implications around this.

The PE Co-ordinator regularly gets sent up to date Health and Safety advice which is photocopied and circulated as necessary to ensure that all staff are kept up to date with the latest regulations. During staff meetings, new Health and Safety advice is also shared with all staff.

If any member of staff has any queries regarding the Health and Safety of PE they are advised to ask advice from the PE coordinator and/or Health and Safety MHO. The school's manual handling advisor is also available at all times to carry out risk assessments of apparatus and specific lessons/activities when required.

Students at Wyvern are fortunate to have the use of a Hydrotherapy pool. There are strict guidelines which must be adhered to, e.g. a trained lifeguard must be present during all swimming sessions. Staff are made aware of these procedures. Information regarding this can be found in the Swimming Pool Policy.

If any accident should happen during a lesson it should be reported to a member of SLT as soon as possible and a accident report filled out on the Wyvern Database. If bleeding occurs other pupils need to be kept away. A first aider needs to see the injured pupil asap and accident/spillage protocol followed.

Off-site Activities

It is a requirement that the teacher in charge of a group or a student participating in off-site activities fills in the obligatory risk assessment forms as specified in 'The school Health and Safety Policy'. These forms are:

- General Area Risk Assessment Form Day Trips
- Parental Consent Form
- Outdoor Off-site Educational Activity Form (this must accompany the organiser)

Parental permission is needed for activities that are off sight and not a regular part of the school day. Pupils are unable to attend sessions until forms have been completed and returned to the organising group. The Teacher/Senior Teaching Assistant in charge of the participating group is responsible for checking this.

Emergency contacts are carried by a designated member of staff

Behaviour/Bullying and Equal Opportunities.

See School Policy.

Professional Development

Staff are asked annually, via a questionnaire, how they feel about teaching all areas of the P.E curriculum and in which areas they would like help. There are opportunities to go on courses or to observe lessons being taught by other teachers with supply cover being paid for via the scheme. School Games and Youth Sport Trust offer a variety of local CPD courses throughout the year that can be accessed by school staff.

Teacher Performance Management

See School Policy.

Resources

The PE equipment is stored mainly in cupboards attached to the school hall .New Resources will be added to the selection each year from the outside containers. Resources often become available when staff attend PE courses.

Cross-Curricular Themes, Dimensions and Skills

PE lends itself to Cross-Curricular themes which should be utilised e.g. numeracy, literacy and ICT. There are courses available to school staff including, Active Numeracy/Active Maths and Active Literacy.

Differentiation

Due to nature of the pupils at Wyvern Academy, with hugely differing physical abilities, differentiation is a burning question! Although our school policy is inclusion, with pupils of varying abilities being catered for within a single group this is sometimes not possible in P.E. We seek to meet the needs of individual pupils wherever possible. Differentiation can successfully be achieved in P.E in a number of ways, e.g.:

- Grouping pupils appropriately
- Using appropriate tasks

- Using teaching assistants appropriately
- Using appropriate resources and equipment
- Using appropriate language
- Using appropriate questioning

For the majority of lessons differentiation is undertaken for all pupils within one group. Each class will have assessed the needs of their pupils from EHCPs and during the planning phase. Individual needs identified will form the basis of activities accessible to the class.

Risk assessments need to be carried out by the teacher in charge of the group due to individual pupils having different needs in the different sporting environments. Those pupils who receive regular 1:1 physiotherapy sessions will have these on top of their allocated PE time.

IEP Targets:

Some of the objectives of PE may form the basis of IEP targets, particularly those related to Physiotherapy.

Extra-Curricular Activities:

Pupils are transported in and out of school at set times, so wrap-around clubs are not feasible. We do, however, work with outside agencies such as Active Dorset and Dorset Cricket Board and encourage our pupils to attend clubs such as tennis run by the Dorset Tennis Academy and Cricket run by DCB.

In each of the playgrounds around the school, equipment has been carefully thought about to encourage pupils to participate in lunchtime activities. The students have access to a variety of different outside areas. These areas are grassed/paved/gravel with a variety of paths and walkways, gradients, sensory experiences and steps to encourage our students to benefit from outside exercise, become more mobile and are accessible to wheelchair users.

The location of Wyvern Academy, adjacent to a mainstream primary and secondary school benefits us greatly as this enables us to pursue our PE partnership more readily. We look to work with students and staff from these schools, e.g. Sports Day and other sporting activities, such as using their gym facilities.

Moving and Handling:

Very careful attention is needed in this area through P.E. lessons. The Manual Handling Policy needs to be referred to. Wyvern Academy is also a MOVE Centre. See MOVE policy for more information.

Nadia Dailey and Tracey Newington
(PE Co-ordinator)